

FROYO DOTS

THINGS YOU WILL NEED:

- Yogurt of your choice
- Plastic freezer bag (quart size)
- Scissors
- Cookie sheet
- Wax paper

DIRECTIONS:

1. Prepare the cookie sheet by placing wax paper over the bottom of the tray.
2. Open the plastic freezer bag and pour the yogurt into the bag. It is best if you keep the yogurt to one side of the bag.
3. Take your scissors and cut off the tip of the bag that the yogurt is on. Make sure the hole is large enough for the yogurt to come out of, but not too big.
4. Gently squeeze dots of yogurt onto the wax paper. You can make the dots as big or small as you would like them.
5. After you fill up the entire tray, place the cookie sheet into the freezer and let the yogurt drops chill for about an hour.
6. Once the yogurt is completely frozen, take the dots out of the freezer and enjoy!

